Thank You’s - Thank you very much to the parents who delivered us to Glacier View Lodge and back again. The boys and girls found the experience of visiting with the seniors to be very rewarding! If you haven’t seen the slide show on our blog, make sure you check it out.

Health - We are amidst a unit on nutrition. The boys and girls have been examining nutritional information on food packaging as well as various restaurant menus. The students are becoming familiar with the recommended daily nutritional requirements (calories, carbs, fats, sodium, etc.) for children their age. We will also do some taste-testing of fruits and vegies following by writing reviews while taking the role of a food critic.

We also just finished an Anti-Bully unit. The boys and girls are familiar with the different types of bullying (physical, verbal, exclusion, cyber and indirect), the different roles involved in bullying (bully, target, bystanders) and various strategies to deal with bullying.

Language Arts - We have been working on a poetry unit throughout February and will continue with learning about poetry throughout March. We also have been involved in various other reading and writing assignments.

Math - As of late we have been focused on measurement. The boys and girls learned how to measure distance with mm, cm, m and km. They also know how to find the perimeter of a polygon. Division 5 students also spent time with mass and capacity and time. We are now moving on to Division; facts, story problems and eventually long division.

Science - We have been learning about the structure of bridges and the various models of bridges. Also, we continue to learn about salmon while raising our own in class. Our Alevin are approaching the Fry stage and will be ready to release just before the break (see note below). Following the break, we will start a unit on Climate Change. The students will examine the causes of Climate Change, look at direct and indirect consequences of, participate in related experiments and determine ways to reduce their carbon footprint.

Art - We have some neat art projects happening in class these days! As many of you have seen, we have been working on an incredible ‘Whale Mosaic Mural’ designed by Alberta Artist, Lewis Lavoie. Lavoie collaborated with BC coastal artists to design this amazing whale mural made with 231 unique coastal works of art. Lavoie was commissioned to design the mural for the 2010 Olympics and the original of this mosaic mural is now on Galiano Island. Ours will hang in our cloak room when done. Thank you to Tina Willard for getting the mural kit for us!

On the Feb. Pro-D Day I, along with Mrs. Meyer, went to a work-shop on British nature artist, Andy Goldsworthy. Mr. Goldsworthy makes his art using natural elements, i.e. leaves, ice, stones, and then photographs his work to document it. We are working on making our own ‘Goldsworthy’ works of art and will create a slide show to exhibit them. We are doing our own class ones then helping our little buddies design their ‘Goldsworthy’ art.
We are also working on an array of ‘art cards’ using different mediums to create different effects, i.e. melted wax crayon. Art Cards are three-by-five inch cards that artists create to promote their work. Also, art cards are made for trading purposes. These will soon be on display to see!

**Student Teacher** - Our VIU student teacher, Mr. Nick Breault has spent several weeks with us this year and will do the final segment of his practicum from April 15 to May 17th. The boys and girls are enjoying having some teacher variety this year!

**Talent Show** - Mrs. Hall and I will be organizing our annual Cumberland El. Talent Show for Wednesday, May 29th in the afternoon. Students who want to participate should complete their application form (available at the office) and submit it by March 22nd. We will conduct auditions following Spring Break. *Students that commit to the Talent Show are expected to practice at home.* We will do a final practice and dress rehearsal towards the end of May.

**Growing Chefs Program** - Last year I was one of two Vancouver Island classes that piloted an amazing program originating from Vancouver called ‘Growing Chefs’! This program involves local chefs coming into the classroom to show the students how to grow and prepare locally grown vegetables. The chefs introduced the students to many new and interesting vegetables as well as their favourite salad and vegie recipes. I am so pleased that the program is going to return to our classroom for this spring. This is so that the chefs can continue to build on the program with a school that is familiar with it. The chefs will visit once every couple of weeks until the end of the year. Check their website . . . [www.growingchefs.ca](http://www.growingchefs.ca)!

On Friday, March 22nd, we will be travelling to Morrison Creek to release our salmon. Following, we will head to Puntledge Park for lunch and a play and then to Codes Country Lanes for a game or two of bowling. We need to leave school at 10:00 and will return for 2:30 dismissal. Consent forms were sent home today. If you are able to drive please complete the reverse of the consent form. Consent/driver forms should be back no later than Friday, March 15th, please and thanks. In order to participate in releasing salmon students need to wade into the creek and need to wear waterproof boots. The boys and girls should dress in comfortable layers for the weather and have a nutritious lunch along with water. No money is needed for bowling!

**Report Cards** - Report cards will come home on Thursday, March 21st. Please ensure the envelope is returned to school so to be used for the Term 3 report. Thanks.

The last day before the Break is March 22nd and we resume on Monday, April 8th. I hope you enjoy your family time. Thanks for your continued support!

Pam Twin, Div. 5 Teacher

pam.twin@sd71.bc.ca  ourforest.edublogs.org